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Text or call

Call your Child
Care Nurse
Consultant (CCNC)
if you have any
questions about
child health and
safety, or any
special training
needs.



[https://
earlychildhood.iowa.gov/](https://earlychildhood.iowa.gov/)

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Quality Care For Kids

A newsletter for Boone and Story county Child
Care Providers

Written by Heidi Hotvedt, RN BSN

APRIL 2021



National Infant Immunization Week April 24 – May 1, 2021

National Infant Immunization Week highlights the importance of protecting children two years and younger from vaccine-preventable diseases. This year, in particular, it's critical to ensure that families stay on track with routine well child checkups and recommended vaccinations — even during COVID-19.

For immunization information contact your child care nurse consultant. For free coloring sheets go to <https://www.cdc.gov/vaccines/events/niiw/coloring.html>

A Centers for Disease Control (CDC) report released in May 2020 found a troubling drop in routine childhood vaccination as a result of families staying at home. CDC and the American Academy of Pediatrics recommend that children stay on track with their well-child appointments and routine vaccinations even during the pandemic. As learning and play in-person increases, on-time vaccination is even more urgent to help provide immunity against 14 serious diseases.

World Autism Month

Autism spectrum disorder (ASD) is a developmental disability that can cause significant social, communication and behavioral challenges. According to the CDC, about 1 in 54 children has been identified with autism. ASD is more than 4 times more common among boys than among girls. Early signs of ASD can include:

- Avoiding eye contact
- Having little interest in other children or caretakers
- Limited display of language (for example, having fewer words than peers or difficulty with use of words for communication)
- Getting upset by minor changes in routine

CDC's "Learn the Signs. Act Early." program provides free resources to help monitor developmental milestones and recognize signs of developmental concerns, including ASD. For information go to <https://www.cdc.gov/ncbddd/actearly>

COVID-19 Resources

Iowa Department of Human Services

<https://dhs.iowa.gov/COVID19>

Healthy Child Care Iowa

<https://www.idph.iowa.gov/hcci/products>

Child Care Resource and Referral

<https://iowaccrr.org/providers/links/resources2020/>